



### Message from the Head

Dear Parents/Carers.

A huge thank you to our **House Captains** this week. They had their first assignments, to lead guided tours around lower school for prospective parents on open night. They did a magnificent job and we had wonderful feedback from our visitors.

Thank you to those parents who attended our **year 1 parents session**. I hope you found it useful, we appreciate the step up from Reception into KS1 is daunting and quite a challenge for some.

**Parents evenings** take place next week. These are short meetings to inform you how well your child has settled into their new year group. It is important that we touch base with a parent or carer for every child. We have offered online and face to face meetings. Please ensure that you know what sort of meeting you have booked, all online meetings are taking place on Monday. All other appointments are face to face.



There will be **no choir next week** because of parents evening. Choir will begin again on Tuesday 4th November. A reminder that the deadline for ordering Young Voices tickets and t-shirts is 30th October if your child has a place.



We have had a lot of children arriving **late to school** over the last couple of weeks. This is all captured on our registration system.

Sometimes lateness is unavoidable and we appreciate there can be issues with traffic and parking etc. We do have a number of children who are regularly late and who are then dropped off and continue to dawdle up the path to sign themselves in. We are aware that part of Newdigate Road is closed from Thursday October 23rd, please ensure you allow for this if it is part of your route to school. It will also mean more congestion in other areas in the town. The school day starts at 8.45am and children are expected to be in school at this point please.



It was lovely to see some of our year 5 parents and grandparents attending **'God and the Big bang'** performance. The children had a great day learning alongside scientists and asking some fantastic questions. This culminated in a short performance for parents led by a familiar face, Rachel from PopUK.

Year 3 commence **BikeAbility** next week, year 5 continue their level 2 training. It is great to see children developing skills to keep themselves safe on the road.

Last week we took 2 full trollies of food to The Harbour and this is our second donation. We continued our **Harvest celebrations** this week as Reception had their Harvest Festival services in the School Chapel. Many thanks to all who brought in donations of food - these gifts will make a huge difference to so many local families.

Has your child ever expressed an interest in **Baptism**? If so, we will be holding an information session for these children and their adult, after school on Thursday 23rd October. We will have an informal time in chapel chatting and exploring what you are wanting and what we can offer around Baptism. This is simply an expression of interest, so you won't be bound to anything by coming along. If you/your child would like to move forward for Baptism, we will run some preparation sessions after half term, in conjunction with our local church. We had a wonderful time last year and these sessions led to 4 children and 1 parent being Baptized. If your child has shown an interest, please fill in this google form so that we can gauge numbers attending <https://forms.office.com/e/3QhykpLbFL>

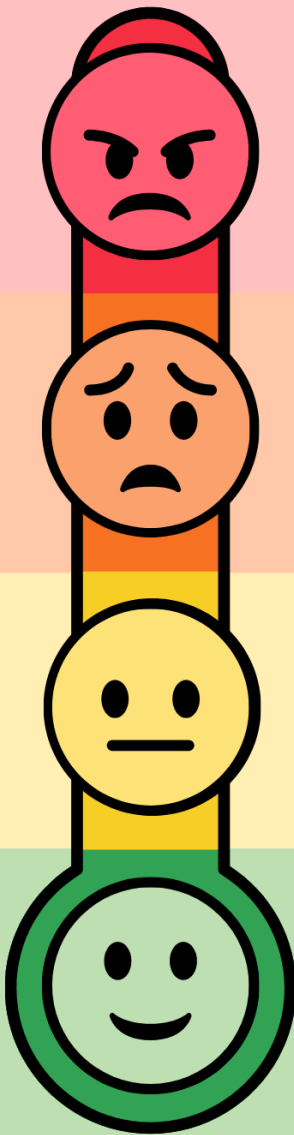




# De-escalation Parent & Carer Workshop

De-escalation: Small people and big emotions. How can we help?

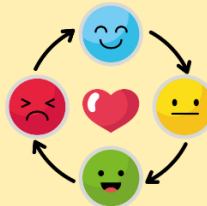
Thursday 13<sup>th</sup> November 2025 6pm to 8pm



Sometimes small people have big emotions. When our children become dysregulated, upset and/or distressed they look to us to help them.

This session will explore:

- ▶ Why might our children get dysregulated?
- ▶ What is happening in our children's brains and bodies when dysregulation occurs?
- ▶ What can we do to help them?



£5 per person

Refreshments available

*(All funds will go towards future events)*

To book, please contact St. Michael's

Children & Family Centre on: 02476494171

# SEND Coffee Mornings

9am - 10.15am



In the Hive  
with  
Roots to Branches  
Autism  
Network

Thursday  
13th  
November

Introduction to  
Roots to Branches  
Autism Network &  
talking about What  
is Autism?

Thursday  
11th  
December

General Chat &  
answering any  
questions you  
may have.

Thursday  
22nd  
January

Useful advice on  
Behaviours &  
routines. With  
some examples  
of visual aids

Thursday  
12th March  
Useful advice and  
ideas on  
supporting  
sleeping & eating  
issues

Thursday  
23rd April

Information and  
advice on  
Sensory  
Challenges

Each presentation is followed  
by an opportunity for general  
chat & support



We highly recommend parents reading the National Online Safety parent guides; they offer excellent tips and tricks to help your child stay safe online. They cover how to set up devices for children, areas to be aware of with different social media apps, information about different games, advice on privacy, security and scams, as well as how to support children with challenging digital content or interactions. Click [HERE](#) for this week's guide. If you found this guide useful and would like to see others we have shared on our website, please visit:

<https://www.thecanonsprimary.co.uk/internet-safety-national-online-safety-guides-and/>



**Word of the Week** To get children excited about words the whole school is starting 'Word of the Week'. Each week we will be displaying an interesting word and setting a small associated word challenge for you and your child. The challenges are small spoken tasks that do not require pen or paper. They just need you and some talk time, so easy to do on the way home or before bedtime. Get involved, have fun, and your child's vocabulary will grow!



crestfallen

You are sad and disappointed about something.

If you were feeling **crestfallen**, what might have just happened?

*Words for older children*

*Words for younger children*



damp

A bit wet.

Imagine your clothes are **damp**. How do they feel?

### New Lunch Menu

Week beginning 20th October 2025 — Week 1

Link to new menu [click here](#).

### After school clubs & events

Monday	Tuesday	Wednesday	Thursday	Friday
3.15 - 4.00pm Yr 3/4 Girls football training * for those invited	3.15 - 4.00pm Yr 1/2 Multi Skills for - *for those with a place	3.15 - 4.00pm Yr 3/4 Girls football training * for those invited	3.15pm - 4.20pm Gymnastics (*for those with a place)	



## Our Values Champions of The Week

<b>MAGGS</b> Jude Wilson Showing perseverance in all of his learning at school this week	<b>CHAMBERLAINE</b> Willow Hood Showing perseverance in phonics learning both at school & home	<b>EVANS</b> Kikiope Babalola Showing perseverance in phonics
<b>PICASSO</b> Jax Mainwaring Showing perseverance in phonics	<b>MONET</b> Notified Via Dojo Always showing respect to others	<b>DA VINCI</b> Harper Hunter-Reading Showing friendship & service when helping others!
<b>MANDELA</b> Vinnie Dingley Showing kindness & always being a fantastic & respectful friend	<b>NIGHTINGALE</b> Jasmine Dhillon Showing respect to the adults in school.	<b>PANKHURST</b> Kian Clifton Showing perseverance & respect
<b>BEETHOVEN</b> Ibrahim Fahad Showing the value friendship	<b>VIVALDI</b> Charlie Baynham Showing perseverance with his handwriting	<b>MOZART</b> Cameron Saffrey Showing excellent perseverance in his learning
<b>RALEIGH</b> Jodhbeer Bansal Showing perseverance in lessons & his courage	<b>COLUMBUS</b> Alyssa Munjodzi Showing perseverance & working hard with expression when reading	<b>MAGELLAN</b> Lucie Burton Showing determination in her writing
<b>NEWTON</b> Joey Thompson-Alcantara Showing others compassion	<b>FARADAY</b> Lily Cooper Showing great acts of friendship	<b>DARWIN</b> Aura-Eve Wilson Showing perseverance with her work
<b>PYTHAGORAS</b> Sienna Smith Showing perseverance this week	<b>ARCHIMEDES</b> Oscar Taylor Showing service at lunchtime & helping the dinner lady	<b>EINSTEIN</b> Autumn Smith Showing all values

