

Progression in PE at The Canons



Competition

Children will be introduced to competition – Intra / Inter Sportsday / Panathlon / School Games

The Journey Starts

All children to achieve a GLD by end of Reception



Year R

Early Years

Key Stage 1

Year 1

Year 2

Dance



Children will start to explore different cultures through Dance



Competition Increases

Children will have opportunity for more sports and quality of competition increases to include county / regional finals

Community Clubs



Children will be encouraged to join local clubs – Exit Routes / Sign-posting



OAA



Pupils in KS2 will have the opportunity to visit different environments for OAA including residential

Sports Specific Skills



Children will learn specific sports skills within lessons applying them in different scenarios and related sports

Swimming



Children will learn to swim in Year 5

Interventions to support in KS1

Children identified for additional support with gross & fine motor skills (Enabling / Accessing)



Fundamental Movement Skills

Will be developed over KS1



The Body

Children will start to learn about their bodies



Hygiene

Children will learn about the importance of Hygiene & Well-being



Health

Children will learn about the importance of Healthy Eating, Sleep, Well-being



Swimming

All pupils will be able to swim 25 m Interventions to support those who cannot



KS2 Games

Will explore transferable skills, knowledge & understanding



Leadership

Children will have opportunity for Sports Leadership

Year 5

Year 6



Strategies, Tactics, Rules, Roles

Children will develop greater understanding of strategies, tactics and rules for sports. They will take on different roles (e.g. umpire, coach)



End of KS2

Children will leave with a love of PE, physical activity & sport. At Secondary School they will engage in opportunities, clubs, teams. They will choose GCSE PE, Sports Leadership & active, healthy lifestyles